

Wellbeing: Isolation, implications and solutions

Recorded: 6 April 2020 | 50 minutes
2019/2020 or 2020/2021 CPD year

Overview

Join our wellbeing expert for a discussion on isolation and its impact during these uncertain times. Gain valuable strategies and learn how to create positive habits to support your health and wellbeing.

Presenter

Rebecca Niebler, Organisational Culture and Support Officer, Queensland Law Society

1 CPD Point

